

## Mallory Park Duathlon - 4th April 2009

<u>Position</u>		<u>Run 1</u>	<u>Bike</u>	<u>Run 2</u>	<u>Time</u>
3rd	Craig Twigg	0:10:29	0:30:58	0:18:50	1:01:01
11th	Richard Jeggo	0:10:46	0:34:49	0:19:17	1:05:39
28th	Lee White	0:12:25	0:34:36	0:22:39	1:10:28
36th (1st Female)	Rhona Makepeace	0:12:00	0:38:47	0:20:41	1:12:28
39th	David Saunders	0:11:35	0:41:10	0:20:00	1:13:25
43rd	Philip Bell	0:12:34	0:37:33	0:23:20	1:14:10
55th	Ross Jeggo	0:13:02	0:40:42	0:23:48	1:18:26
63rd	Robert Lyon	0:13:37	0:40:58	0:24:10	1:19:57
67th	Andy Thomas	0:13:18	0:43:40	0:23:57	1:22:06
86th	Julie McFarland	0:15:16	0:41:43	0:30:52	1:29:04

### Tristar 3 & 2

3rd	Xander Tansey	0:05:38	0:12:40	0:08:25	0:27:22
17th	Joshua Measures	0:06:27	0:14:01	0:09:03	0:30:12
18th	Livvy Tansey	0:06:25	0:14:01	0:09:02	0:30:13
19th	RachelBurrows	0:06:21	0:14:07	0:09:26	0:30:37
24th (4th TS2)	George Bell	0:06:43	0:14:49	0:08:48	0:31:04
28th	Joshua Smith	0:06:43	0:14:43	0:09:55	0:32:14
33rd	Rebecca Saunders	0:06:46	0:14:41	0:10:51	0:33:03
35th	Melissa Griffith	0:06:59	0:15:28	0:10:06	0:33:20

### Tristar 1

1st	James Bell	0:01:36	0:07:55	0:03:41	0:13:13
8th (3rd Female)	Lucy Griffith	0:01:40	0:10:32	0:04:33	0:16:47

### Tristart

4th	Nicole Smith	0:01:11	0:06:34	0:03:38	0:11:23
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